

Contents

PAGE

I	Preface
	A. Thinking of Yourself as a College-Bound Student:
	Lessons and Workshops for Students
1	1. Dream a Little Dream: Imagining My Future
7	2. Exploring Career Options
17	3. College 101: Researching Colleges and Universities
30	4. The Life and Times of a First-Generation College Student
37	5. Mock College Admissions
	B. Debunking the Myth that “You Can’t Afford College:”
	Lessons and Workshops for Students
41	1. Debunking the Myths of Financial Aid: A Workshop for Students and Families
74	2. Being a Wise Borrower: The Importance of Managing Your Money
79	3. Who Wants to Spend \$20,000?
96	4. Comparing Financial Aid Packages
	C. Getting Involved and Staying Involved:
	Workshops and Presentations for Families of College-Bound Youth
105	1. Preparing for College: A Guide for Families
136	2. Planning a Financial Aid Night for Students and Families
	D. Appendices
171	A. The More You Learn, The More You Earn
172	B. Individual Academic Action Planning
179	C. My Portfolio
180	D. Financial Aid Terminology Chart
182	E. Evaluation Tools